

MEDIA RELEASE

For immediate release

From: Kasey McCulloch, Media Officer, Mercy Health

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Online health and wellbeing hub named finalist in 2017 Australian HR Awards

Mercy Health's online health and wellbeing hub for staff has been recognised as a finalist in the 2017 Australian HR Awards.

Thrive @ Mercy was launched in 2016 and offers a wide range of resources and information to enhance awareness and knowledge of health and wellbeing.

Group Executive Director People, Learning & Culture Kate McCormack said it was important the organisation, which employs more than 7000 people across health services, aged care and home and community care, provided a range of holistic tools to support staff both at work and at home.

"We want our employees to thrive in every area of their life and we are extremely proud of the support we can provide through Thrive @ Mercy", Ms McCormack said.

"The hub encourages all Mercy Health employees to be the very best version of themselves. It does this by housing a variety of resources and information from tip sheets and video clips through to self-assessment tools and referral services."

Thrive @ Mercy covers a wide range of topics from physical and mental wellbeing to family violence and work life balance and provides tips on stress management, superannuation, healthy recipes, government paid parental leave and much more.

Thrive @ Mercy has been named as a finalist in the Best Health and Wellbeing Program category at the 2017 Australian HR Awards. The awards recognise outstanding achievements and industry best practice. The winners will be announced at a ceremony in Sydney on Friday 8 September 2017.

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For interviews and photo opportunities, please contact:

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